

# Obesity Clinical Development at Worldwide Clinical Trials

Obesity is an ongoing global crisis, with rates tripling over the past 60 years and projections that nearly 3.3 billion adults will be affected by 2035. Worldwide is committed to advancing the programs of sponsors developing novel therapeutics that will solve this growing health crisis. We provide support throughout clinical development, including study planning, IND-enabling support, and Phases 1-4.

## Clinical Trial Excellence in Cardiovascular & Metabolic Indications



Obesity & metabolic syndromes



Hypothalamic obesity



Glucagon-like peptide 1 in obesity & type 2 diabetes



Post-bariatric surgery & hypoglycemia



Pharmacokinetics dose safety & efficacy



Cardiovascular outcome trials in type 2 diabetes and obesity

115+

years of  
combined  
experience

45+

obesity  
studies  
supported

## Strategy & Operations

Our team draws from their collective expertise to provide innovative logistics for drug sourcing despite the commercial shortage of obesity medicines. We provide further logistics and operational support through our data-driven expertise in site identification to meet proper requirements for clinical assessments, including DEXA requirements, DEXA variability associated with correct placements, strength testing, and whole body composition.

## Clinical Trial Excellence in Cardiovascular & Metabolic Indications

We leverage our global network of KOLs and sites to provide full-service, individualized, and custom-tailored study designs and support to our sponsors.

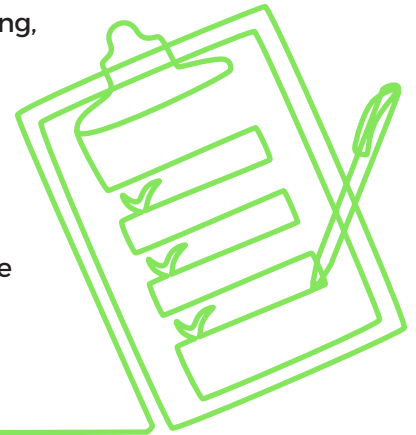
**Custom-Tailored Approach:** We take the time to understand your needs and provide fully customizable solutions to position your study for success from the start. Using our scientific expertise, we help design and optimize your protocol and guide your research through study administration.

**Focus on Recruitment and Retention:** At Worldwide, we champion bias awareness and foster connection to the individual, focusing on finding and keeping participants. We achieve this by leveraging our understanding of the patient journey and ensuring inclusivity, beginning with diligent site education and continuing with people-first language and size-appropriate equipment.

## Addressing the Complexities of Obesity Studies

Our teams have proven experience navigating the complexities that come with obesity research, including:

- Ensuring site access to specialist services including body composition testing, imaging centers, laboratory and physical tests, and appropriate scales
- Optimized protocols to reduce participant burden
- Proper site education to ensure adequate patient education (e.g., medication administration, testing blood glucose)
- Removing barriers to ensure a positive participant and caregiver experience
- Enrollment of diverse patient populations



### Case Study: Achieving Recruitment and Study Milestones in Obesity Studies

At Worldwide, we conducted a multinational cardiometabolic outcomes study on patients with obesity, which demonstrated our unceasing dedication to delivering excellence in clinical trials.

Throughout the study, we were able to:

- ▶ Engage in 10,000+ site monitoring visits, averaging 170 site visits per month
- ▶ Screen more than 15,000 patients over a 22-month recruitment period
- ▶ Enroll 12,000 patients at 473 sites across Australia, The Bahamas, Canada, Chile, Mexico, New Zealand, Poland, and the United States
- ▶ Reduce the overall study timeline by 2 months from the original contract

Worldwide's expert team delivered an efficient and timely clinical trial, low participant drop-out rate, and ensured ~70 dedicated clinical research associates performed site monitoring visits to mitigate potential roadblocks before they presented.

With obesity rates soaring globally, the need for effective clinical solutions has never been more critical. At Worldwide, we pull from decades of specialized experience and a robust global network to advance research for obesity treatment. **Contact us to discuss your trial!** →



Worldwide Clinical Trials (Worldwide) is a leading full-service global contract research organization (CRO) that works in partnership with biotechnology and pharmaceutical companies to create customized solutions that advance new medications - from discovery to reality.

For more information on Worldwide, visit [www.worldwide.com](http://www.worldwide.com) or connect with us on [LinkedIn](#).